

AgriLIFE EXTENSION

Texas A&M System

Improving Lives. Improving Texas.

On-line Cochran 4H Newsletter can be found at Web-site: <http://cochran-tx.tamu.edu>

May-June 2011
Vol. 4

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Texas AgriLife Extension Service Cochran County

Event & Program Information Dates

D-2 4H Officer application due May 2nd

Cochran 4-H Meeting May 3rd 6:30 p.m.

District Roundup – May 7, 2011 - Educational Presentations - Entomology ID - Grass ID - Public Speaking - Share-the-Fun, Leaders 4 Life, Healthy Lifestyles Invitational

Junior Leader Lab – May 31 to June 2, 2011

Texas Tech Livestock Judging Camp June 5-7 & 9-11th

Steer & State Fair Validation— June TBA

Cochran 4-H Meeting June 7th 6:30 p.m.

Archery, Trap & Skeet – June 24th & 25th
Youth Range Workshop June 19-24th Junction TX

D-2 Golf Challenge—July 6th

Electric Camp – June 27th– July 1st

Recordbooks – July 13th

Meeting Dates & Contacts:

Cochran 4H—Patsy Burton & Andra Hoots Managers, Kimberly Silhan Club Pres. & Kaylee Presley V-Pres.

May 3rd Activity Bldg 6:30 p.m.
June 7th time & Place TBA

Cochran 4H Gun Club

TBA



Did you know ?

Effective September 1, 2011, Texas 4-H will initiate a Texas 4-H participation fee for each new membership or re-enrollment. Membership fees for those who enroll, or re-enroll, between September 1 through October 31st will, only, be \$20 each. However, enrollment, or re-enrollment, after October 31st will increase to \$25 each. Please see pages 2, 3 and 4 re: explanation for this new enrollment fee. Note this will be implemented state wide.



Awards & Results:

San Angelo Livestock Show:

Garrett Baker placed 2nd & 4th in the swine project division, Chanci Harvey placed 2nd in the swine project division, Jacob Silhan placed 2nd & 3rd in the steer project division and Brent Butler placed 5th in the steer division

Houston Livestock Show:

Brent Butler Placed 6th with a steer project

Fashion Show & Story Board Results:

Cochran 4Hers: Kimberly Silhan's intermediate construction dressy category & Kaylee Presley's intermediate construction specialty category, both, placed 1st in the District 2 fashion show Held April 12th in Abernathy. On display was Kimberly Silhan's 3rd place Fashion Story Board Display.

D-2 Livestock Judging Results:

District 2 4H Livestock Judging Results:

Team Brent Butler & Garrett Baker placed 17th overall; Brent Butler placed 7th individual overall & 6th individual goat & lamb; Garrett Baker placed 10th in swine division

Junior Division: Kari Sutton 17th swine, 15th individual & 11th goat & lamb

D-2 Photography Results

Karissa Presley red ribbon people, animals/wildlife, animals/domestic, element of design, nature & landscape, details & macro, food; blue ribbon plant & flora: white ribbon theme & color, catch-all

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin.

Issued in furtherance of Cooperative Extension Work in Agriculture and Home Economics, Acts of Congress of May 8, 1914, as amended, and June 30, 1914, in cooperation with the United States Department of Agriculture, Texas Cooperative Extension, The Texas A&M

University System.



4H Adult Leader & Management Corner:

RAISING 4-H FUNDS TO COVER PARTICIPATION FEES

Local fundraising is one strategy that counties can implement to raise funds for 4-H participation fees. This one page provides an overview of principles and ideas that are the foundation to raising these funds.

Fundraising with a Purpose. The first step in developing a fundraising strategy is to identify the purpose, and then share that with your membership. Often the membership can be a part of determining the purpose. If your members know why they are raising funds, then they will be more enthusiastic to participate, and will also be able to interpret the value to potential supporters. In identifying the purpose, what needs or goals do you have that require funds? What do you want back from your efforts? How will this fundraising effort impact your 4-H program?

The next step is to make a plan and set a budget. Some things to consider are: time of year, rate of return, manpower, duration of effort (a few days vs. a few months), income and expense, and the impression left upon your community. 4-H does have specific guidelines and restrictions to follow when it comes to fundraising, so be sure to read and follow the web based documents below during the planning phase.

- FUNDRAISING: PRIVATE SUPPORT FOR THE 4-H PROGRAM
http://www.national4-headquarters.gov/library/fs_fundraising_7-28-06.pdf
- RAFFLES, LOTTERIES, GAMING AND 4-H
<http://www.national4-headquarters.gov/library/fs-raffles%2001-23-07.pdf>

Fundraising for the Total Program. After a purpose has been established for fundraising in your county, it is important to take a look at the efforts these funds should support. It is important that all funds raised have a purpose for which they were raised. The following areas should be considered when county 4-H programs begin creating a fundraising plan.

Programs/Activities. 4-Hers participate every year in educational programs, competitive events, and other 4-H related events at the county, district, state, and national levels. These programs and activities provide many educational and networking opportunities for 4-Hers across the state. Many counties already support these programs and activities through fundraising events throughout the year.

4-H has helped me grow as a person both mentally and emotionally. It taught me that with responsibility and hard work, anything is possible. It taught me how to both lead AND follow. It taught me respect and humility. But most importantly, it taught me to be a servant and a friend.

Former 4-H Member & Current Texas A&M University Student

Curriculum and Resources. In order to stay relevant, county programs must continue to update curriculum and resources needed for their 4-H Programs. Curriculum and resources needed may include: educational materials for programs, equipment for demonstrations, office supplies, or anything else used to enhance the 4-H Program.

Scholarships (Participation and Academic). Many counties currently provide scholarships for youth furthering their education. With the introduction of a participation fee in 2011, some families may need assistance to keep youth enrolled in the 4-H Program. Creating opportunities for youth and their families to apply for various scholarships is another area county programs should focus on in their fundraising efforts.

Fundraising in Action. Once the purpose of potential fundraising efforts is identified and the local 4-H program committee are targeted, a fundraising plan should be put into action. Careful consideration should be given in the decision of what kind of fundraiser(s) to conduct. Regardless of the fundraising activity chosen, monies raised should be accurately accounted for, and should be used for "specific educational purposes."

A compilation of fundraising ideas in action will be located on the Texas 4-H and Youth Development website at <http://texas4-h.tamu.edu/fee>. Each county should carefully consider what combination of these or other fundraising efforts will fulfill the program and financial goals of their local 4-H program. Additionally, the Texas 4-H and Youth program would like counties to respond to the Facebook discussion board on fundraising. This discussion will serve as a springboard to generate and share ideas across the state.



TEXAS 4-H CENTER WEBSITE

While you are surfing the web, don't forget to visit the Texas 4-H Center's website: <http://texas4h-ctr.tamu.edu>

COCHRAN COUNTY 4-H ON-LINE

Now has the 4-H newsletter as well as various other sources of information at: <http://cochrans4h.org>

Other 4-H Web-sites

Glory Be Collectibles You might want to check out the neat 4-H items at www.glorybe.com

Clover Corner News Check out the Clover Corner News, 4-H's national online newsletter, at: www.4hblogs.org/ccn.

Check out this Website : <http://texas4-h.tamu.edu>

Fruit Pizza

Ingredients: 1 (18 ounce) package refrigerated sugar cookie dough, 1 (8 ounce) package cream cheese, softened, 1 (8 ounce) container frozen whipped topping, thawed

2 cups sliced fresh strawberries, 1/2 cup white sugar, 1 pinch salt, 1 tablespoon cornstarch, 1/2 cup orange juice, 2 tablespoons lemon juice, 1/4 cup water, 1/2 teaspoon orange zest

Preparation:

Preheat oven to 350 degrees F (175 degrees C). Slice cookie dough and arrange on greased pizza pan, overlapping edges. Press dough flat into pan. Bake for 10 to 12 minutes. Allow to cool.

In a large bowl, soften cream cheese, then fold in the whipped topping. Spread over cooled crust. You can chill for a while at this point, or continue by arranging the fruit.

Begin with strawberries, sliced in half. Arrange in a circle around the outside edge. Continue with fruit of your choice, working towards the middle.

If bananas are used, dip them in lemon juice so they don't darken. Then make a sauce to spoon over fruit.

In a saucepan, combine sugar, salt, corn starch, orange juice, lemon juice and water. Cook and stir over medium heat. Bring to a boil, and cook for 1 or 2 minutes, until thickened.

Remove from heat, and add grated orange rind. Allow to cool, but not set up. Spoon over fruit. Chill for two hours, then cut into wedges and serve.



AgriLIFE EXTENSION
Texas A&M System

Dear Texas 4-H Families:

Thank you for being an integral part of the largest youth development program in Texas, and the largest 4-H Program in the world. Texas is proud to boast the largest 4-H membership enrollment, total 4-H participation, and the largest 4-H volunteer base in the United States.

In saying that, we are also compelled to tell you that this is indeed a challenging economic time for everyone. The Texas AgriLife Extension Service and 4-H is no different; however, we remain committed to ensuring a strong 4-H and Youth Development Program for our families.

To maintain the level of programming and opportunities in the Texas 4-H and Youth Development Program, an annual participant fee is necessary for each 4-H member starting with the 2011-2012 4-H year on September 1, 2011. This participant fee of \$25, or \$20 if enrolled from September 1st to October 31st, will hopefully ensure that the Texas AgriLife Extension Service can continue to deliver the highest quality 4-H program in the world. A recent national research study shows:

- Members reporting better grades, higher level of academic competence, and an elevated engagement at school.
- Two times as many members likely to plan to go to college than non-members.
- Members that reveal significantly lower drug, alcohol and cigarette use than their peers.
- Members that are three times more likely to actively contribute to their communities when compared with youth that do not participate in 4-H.

Quite simply, we are convinced that this participation fee is an investment in the youth of Texas. The Texas AgriLife Extension Service is committed to the youth of Texas and it is critically important that each 4-H family knows we are dedicated to continuing to provide the best program worldwide. As we all go through a transition period, we ask each of you to partner with us in creating a positive environment for all our 4-H members.

Thanks for all you do and thanks for **MAKING THE BEST BETTER!**

The Texas AgriLife Extension Service and the Texas 4-H and Youth Development Program.

4-H equipped me with the tools needed to build a successful future. It taught me how to be personable, work efficiently in teams, and how to be a kind leader. Most importantly the relationships that were built during my time in 4-H are priceless and I will treasure every memory made.
Former 4-H Member & Current Texas A&M University Student

**We teach life skills
We instill values
We build leaders
WE ARE TEXAS 4-H!**

QUOTE OF THE MONTH

"May today be especially beautiful for you!"



D-2 Events

District Calendar go to: <http://d24-h.tamu.edu/events/>

D-2 4H Officer application due May 2nd

[District Roundup](#) – May 7, 2011 - Educational Presentations - [Entomology ID](#) - [Grass ID](#) - Public Speaking - Share-the-Fun

[Leaders 4 Life](#) – May 7, 2011

[Healthy Lifestyles Invitational](#) – May 7, 2011

[Junior Leader Lab](#) – May 31 to June 2, 2011

[Trap & Skeeet](#) – June 24th & 25th

[Electric Camp](#) – June 27th-July 1st

[Recordbooks](#) – July 13th

Shirley's Family Consumer & Better Living for Texans Tip Corner FCS-Agent, Cochran County

Health Factoid:

February 15, 2011

by Betsy McKay

Wall Street Journal

The federal government has invested billions of dollars since 2002 to help cities and states prepare to combat potential bioterror attacks, major disease outbreaks and other public health emergencies. Now, [President Obama's 2012 budget](#) calls for paring some of that spending.

Funding for a public health emergency preparedness program run by the Centers for Disease Control and Prevention was cut by about \$72 million below fiscal 2010 levels in the budget proposal. Those funds are used to help state and city public health departments monitor for potential outbreaks and threats, hire and train staff to respond and other activities.

The budget proposal notes that those investments are already paying off, with state and local health departments stronger than before — a notion backed in part by [a CDC report issued last September](#).

But the cuts are being proposed at a time when preparedness dollars are already on the decline and state and local health departments have had to lay off thousands of staff since 2008, Jeff Levi, executive director of the **Trust for America's Health**, a nonprofit organization that promotes disease prevention, tells the Health Blog. A proposed \$59 million increase in funds for the Strategic National Stockpile means "we'll have drugs and countermeasures and no one on the state level to distribute them," he says.

The discretionary budget request for the CDC remains only about \$19 million below that of fiscal 2010. But that's because the cuts are compensated by \$752 million for the CDC from a Prevention and Public Health Fund that wasn't meant to fill budget holes and which some worry isn't secure.

The fund was created by the health reform bill to strengthen public health programs and fight chronic diseases. It would replace cuts to the CDC budget like the elimination of a \$100 million preventive health services grant program. But the fund was meant to augment existing money, not replace it, Levi says. And it [has come under scrutiny](#) in recent months from some members of Congress.

Even before Congress gets to the 2012 budget, the CDC faces an uphill battle to preserve its funding for fiscal 2011, with House Republicans proposing cuts of more than \$755 million to the agency's budget.

There are silver linings for the CDC: the 2012 budget proposes \$58 million more to combat HIV/AIDS domestically. The CDC is restructuring chronic disease grants in a way it hopes will reduce costs while putting more money into programs to prevent disease, such as physical activity and healthier eating.



Cochran County Extension Office

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Production: Natalie Silhan

Calendar 2010-2011:

There's Always Something To Do! Important 4-H Dates

All meetings will be held at the Activity Bldg., unless otherwise notified.

D-2 4H Officer application due May 2nd

Cochran 4-H Meeting May 3rd 6:30 p.m.

District Roundup - May 7, 2011 - Educational Presentations - Entomology ID - Grass ID - Public Speaking - Share-the-Fun, Leaders 4 Life, Healthy Lifestyles Invitational

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The information given herein is for educational purposes only. References to commercial products or trade names is made with the understanding that no discrimination is intended and no endorsement by the Cooperative Extension Service is implied. We will seek to provide reasonable accommodations for all persons with disabilities for any of our meetings. We request that you contact Texas Cooperative Extension - (806) 775-1680, as soon as possible to advise us of the auxiliary aid or service that you will require.

WHY A 4-H PARTICIPATION FEE?

The Texas AgriLife Extension Service is implementing a partial cost recovery initiative to offset the loss in appropriated funds, which support salaries, operations, and programming. Without this initiative, the agency will be forced to make greater cuts to positions, programs, and services. Principles guiding the partial cost recovery initiative are:

- Partial cost recovery is essential to maintaining and reinforcing Extension's program delivery network.
A strong program delivery network is essential to the success of Extension.
Extension's strength and success benefits AgriLife Extension employees, our partners, the people of Texas, and our nation.
Program priorities are driven by our strategic plan.
Programs will be identified for cost recovery during the program planning process.

With the implementation of the 530 or 30% program fee through the partial cost recovery initiative, the Texas 4-H and Youth Development Program had to carefully evaluate all the options to determine what was most financially efficient for the youth we serve. In an effort to minimize recurring partial cost recovery fees to youth and families for each county-based educational program/activity/event and/or district and statewide competitive event, the decision was made to implement the annual 4-H participation fee.

Without question, there are varying levels of participation in the Texas 4-H and Youth Development Program. The table below provides some insight of how we concluded that Texas 4-H and Youth Development should implement an annual "participation fee" of \$20 or \$25 instead of the \$30 or 30% program fee outlined in partial cost recovery.

Table with 4 columns: Program/Event, Types of Programs and Events, Additional fees per youth, and Texas 4-H Participation Fee. It lists various events like Food Shows, Beef Cattle Shows, and Recordbooks with their respective fees.

*Fee reflects cost recovery program and not an optional registration. Participants associated with county competitive events will still have costs associated with their, however they will not have an additional \$20 or 20% partial cost recovery fee.

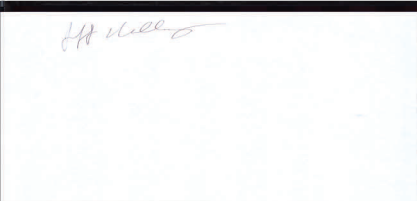


Agents:



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Reminders and/or Suggestions:

Re-enrollment is required for each new program year. Enrollment or re-enrollment can be completed by going to 4H Connect website located on 4honline.com. Please also remember that all 4-H Volunteer working directly with youth must have also submitted a volunteer screening form. These, also, may be completed online on 4H Connect. There will be a membership fee of \$20 each for enrollment, or re-enrollment, between Sept 1st-Oct 31st. \$25 each for the same after October 31st. Contact office re: any questions you may have.

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Texas 4-H homepage, go to: http://texas4-h.tamu.edu/ for all upcoming event and state 4H info.