

# AgriLIFE EXTENSION

Texas A&M System

*Improving Lives. Improving Texas.*

On-line Cochran 4H Newsletter can be found at Web-site: <http://cochran-tx.tamu.edu>

November-December 2011  
Vol. 7

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## Texas AgriLife Extension Service Cochran County

### Event & Program Information Dates

D-2 Food Show: November 5th Swine Validation November TBA

All Major and County show registration due November 10th

Quality Counts verification due for Major shows on November 10th

All Swine Validation to be completed deadline November 30th

D-2 Consumer Decision Making: December 3rd

Cochran County Stock Show - January 11-14<sup>th</sup>, 2012

Southwestern Exposition and Livestock Show - Ft. Worth Jan 13<sup>th</sup> - Feb 4<sup>th</sup> 2012—<http://www.fwssr.com/>

San Antonio Stock Show & Rodeo - San Antonio Feb 8th - Feb 25<sup>th</sup> 2012  
<http://www.sarodeo.com/>

San Angelo Stock Show & Rodeo - San Angelo Feb 16<sup>th</sup> - Feb 26<sup>th</sup> 2012  
<http://www.sanangelorodeo.com/>

Houston Livestock Show & Rodeo - February 28<sup>th</sup> - March 15th 2012  
<http://www.hlsr.com/>

Star of Texas - Austin - March 9<sup>th</sup> - 24<sup>th</sup> <http://www.rodeoaustin.com/>

**Deadline to reg. is Nov 10th, 2011 for All Shows NO EXCEPTIONS**

### Meeting Dates & Contacts:

Cochran 4H—Patsy Burton & Andra Hoots Managers, Kimberly Silhan Club Pres. & Kaylee Presley V-Pres.

1st Monday of every month-Activity Board Room 7 p.m. unless otherwise changed

Cochran 4H Gun Club

TBA -2012

## Did you know ?

Major change for 2011-2012 is the Quality Counts verification required for all 4H & FFA youth exhibiting livestock (market and/or breeding) at major livestock shows in Texas (including the Ft. Worth Livestock Show, San Antonio Stock Show & Rodeo, Houston Livestock Show and Rodeo, Star of Texas Fair in Austin, San Angelo Livestock Show, Sandhills Stock Show in Odessa, State Fair of Texas in Dallas, and Heart O' Texas Fair in Waco). The verification process will require junior exhibitors to pass an online test that measures their knowledge on quality assurance and character education content items. Study guide and test link can be made at <http://qualitycounts.tamu.edu/>. All youth are required to do this and failure to do so will result in not being able to register for any major shows. Our office will have to pull a verification ID number assigned to each youth who have passed in order to register them for any major shows. Without the ID number, showing they have passed, we will not be able to register them for any major shows.

### Awards & Results:

#### Cochran County 4-H Food Show October 22nd:

Karissa Presley blue ribbon intermediate main dish; Kaylee Presley blue ribbon intermediate nutritious snacks; Kari Sutton intermediate blue ribbon fruit & vegetables



Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin.



### **4H Adult Leader & Management Corner:**

#### **Role of Volunteers in 4-H :**

Help secure finances or resources for projects.

- Help members select and participate in projects.
- Help supervise daily care or management of projects.
  - Help members keep records for projects.
- Provide leadership and plan structured events for 4-H clubs or groups.
- Organize activities and teach project areas.
- Provide positive reinforcement and encouragement for all 4-H youth.

#### **TEXAS 4-H CENTER WEBSITE**

While you are surfing the web, don't forget to visit the Texas 4-H Center's website: <http://texas4h-ctr.tamu.edu>

#### **COCHRAN COUNTY 4-H ON-LINE**

Now has the 4-H newsletter as well as various other sources of information at: <http://cochran-tx.tamu.edu>

#### **Other 4-H Web-sites**

**Glory Be Collectibles** You might want to check out the neat 4-H items at [www.glorybe.com](http://www.glorybe.com)

**Clover Corner News** Check out the Clover Corner News, 4-H's national online newsletter, at: [www.4hblogs.org/ccn](http://www.4hblogs.org/ccn).

Check out this Website : <http://texas4-h.tamu.edu>

### **Mexican Hot Chocolate**

#### **Ingredients**

- 3 tablespoons instant hot chocolate mix
- 1 tablespoon chocolate syrup
- 1/2 teaspoon ground cinnamon
- 1 pinch chili powder , 1/4 cup milk, 3/4 cup boiling water

In a large mug, mix the hot chocolate mix, chocolate syrup, cinnamon, and chili powder. Pour in the milk. Add the boiling water and stir.

## YOUTH PROTECTION STANDARDS UPDATE

Courtney Dodd, Extension Program Specialist

A reminder at the start of this 4-H year - all volunteers are to be re-screened every three years. For 4-H volunteers, the need for re-screening is determined on a 4-H year basis. For example, a volunteer screened any time between September 1, 2008 and August 31, 2009 needs to be re-screened at the beginning of this 2011-2012 4-H year. More information on volunteer screening is located online at: [http://texas4-h.tamu.edu/agents/agent\\_yps/agents\\_yps.php](http://texas4-h.tamu.edu/agents/agent_yps/agents_yps.php)

### D-2 Events

District Calendar go to: <http://d24-h.tamu.edu/events/>

#### **Tentative Dates:**

**Meat Judging** – November 5, 2011

**Nutrition Quiz Bowl** – November 5, 2011

**Food Show** – November 5, 2011

**Gold Star Nov. 21st tentative**

**Consumer Decision Making** – December 3, 2011

**Dairy Food Products Judging** – December 3, 2011

**Swine Skill-a-Thon** – December 3, 2011

#### Inspirational Quote

A creative man is motivated by the desire to achieve, not by the desire to beat others.

Ayn Rand

### Shirley's Family Consumer & Better Living for Texans Tip Corner FCS-Agent, Cochran County

#### Health Factoid:

Statistics from the Department of Geosciences at San Francisco State University show that Texas leads the nation with the highest number of vehicle hyperthermia deaths during the years 1998-2010. During that time, there were 71 deaths. There have already been 24 hyperthermia deaths nationally so far this year, with six having occurred in Texas. Last year in Texas, there were 13 vehicle heat-related deaths. Nationally, there were 49, according to the National Highway Traffic Safety Administration (NHTSA).

Look for the *Never Leave Your Child Alone in a Car* campaign promotions, and follow these safety tips from NHTSA that can help caregivers reduce the risk of children being left unattended in hot vehicles:

Never leave infants or children in a parked vehicle, even if the windows are partially open.

Do not let children play in an unattended vehicle. Teach them that a vehicle is not a play area.

Make a habit of looking in the vehicle – front and back – before locking the door and walking away.

If you are dropping a child off at childcare, and it's normally your spouse or partner who drops them off, have your spouse or partner call you to make sure the drop went according to plan.

Ask your childcare provider to call you if your child does not show up for childcare.

Do things to remind yourself that a child is in the vehicle, such as writing yourself a note and putting the note where you will see it when you leave the vehicle; or placing your purse, briefcase, or something else you need in the back seat so you will have to check the back seat when you leave the vehicle. Another reminder is to keep an object in the car seat, such as a stuffed toy. When the child is buckled in, place the object where the driver will notice it when he or she is leaving the vehicle.

Always lock vehicle doors and trunks, and keep keys out of children's reach.

If a child is missing, check the vehicle first, including the trunk.

If you see a child alone in a hot vehicle, call 911 immediately.



# Texas AgriLife Extension Service Cochran County



## Cochran County Extension Office

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Production: Natalie Silhan

### Calendar 2011-2012:

#### **There's Always Something To Do! Important 4-H Dates**

All meetings will be held at the Activity Bldg., unless otherwise notified.

D-2 Food Show: November 5th      Swine Validation November TBA

All major and county show registration due November 10th

Quality count verification for major shows due November 10th

Meat Judging – November 5, 2011

Nutrition Quiz Bowl – November 5, 2011

Food Show – November 5, 2011

Gold Star Tentative November 21st

Consumer Decision Making – December 3, 2011

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Houston Livestock Show & Rodeo - February 28<sup>th</sup> - March 15th 2012

Star of Texas - Austin- March 9<sup>th</sup> - 24<sup>th</sup>

**Absolute last Deadline to reg. is Nov 10th, 2011 for All Shows NO EXCEPTIONS**

Agents:

Shirley Sears, CEA-FCS

Email: [sasears@ag.tamu.edu](mailto:sasears@ag.tamu.edu)

Jeff Molloy, CEA-Ag

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### Reminders and/or Suggestions:

Re-enrollment is required for each new program year. Enrollment or re-enrollment can be completed by going to 4H Connect website located on 4honline.com. Please also remember that all 4-H Volunteer working directly with youth must have also submitted a volunteer screening form. These, also, may be completed online on 4H Connect. **There will be a membership fee of \$20 each for enrollment, or re-enrollment, between Sept 1st—Oct 31st. \$25 each for the same after October 31st. Contact office re: any questions you may have. website: <http://tx4-h.tamu.edu/4hconnect/index.html>**

The information given herein is for educational purposes only. References to commercial products or trade names is made with the understanding that no discrimination is intended and no endorsement by the Extension Service is implied. We will seek to provide reasonable accommodations for all persons with disabilities for any of our meetings. We request that you contact Texas Cooperative Extension - (806) 266-5215, as soon as possible to advise us of the auxiliary aid or service that you will require.

**Texas 4-H homepage, go to: <http://texas4-h.tamu.edu/> for all upcoming event and state 4H info.**